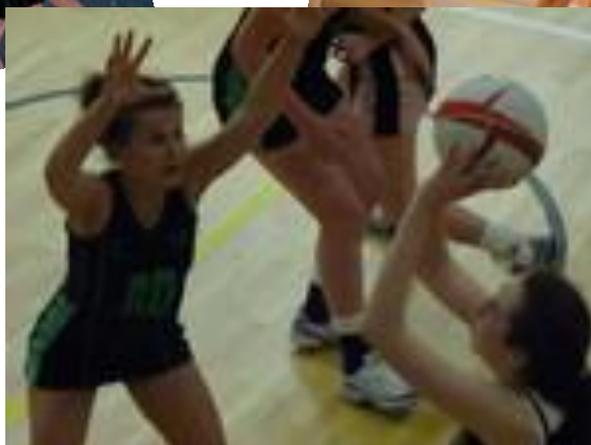


Welcome to



**CD Phoenix Sussex**  
Netball Club

# Players and Parents Welcome Pack



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## Welcome to CD Phoenix Sussex Netball Club

The information inside this pack is important and should be read prior to the first training session of the season.

### About us

Founded in 1994, by Andy Polley, the club was formerly known as Crawley Down Netball Club, hence the CD part of our current club name. The club is based in the East Grinstead area of Sussex and draws players in from not only surrounding towns and village, but as far away as Worthing, Brighton and the Kent area.



1994 - The first ever Crawley Down team

The club has teams playing in the South Regional Leagues, from Seniors down to U14's, we also play in local leagues in East Grinstead, Crawley, Brighton and Sevenoaks.



# Information

If you require more information about the Club or wish to contact a committee member, please visit our website: [cdphoenixsussex.co.uk](http://cdphoenixsussex.co.uk)

Please also visit our page on Facebook: CD Phoenix Sussex  
Instagram: cdphoenixsussexnc1  
Twitter: @CDPhoenixsussex

## Committee

Club President	Andy Polley	<a href="mailto:president@cdphoenixsussex.co.uk">president@cdphoenixsussex.co.uk</a>
Chair	Andy Polley	<a href="mailto:chair@cdphoenixsussex.co.uk">chair@cdphoenixsussex.co.uk</a>
Secretary	Kelly Hartney	<a href="mailto:secretary@cdphoenixsussex.co.uk">secretary@cdphoenixsussex.co.uk</a>
Treasurer	Jan Johnson	<a href="mailto:treasurer@cdphoenixsussex.co.uk">treasurer@cdphoenixsussex.co.uk</a>
Safeguarding Officer	Kelly Hartney	<a href="mailto:welfare@cdphoenixsussex.co.uk">welfare@cdphoenixsussex.co.uk</a>
Membership Secretary	Jan Johnson	<a href="mailto:membership@cdphoenixsussex.co.uk">membership@cdphoenixsussex.co.uk</a>
Admin Officer	Helen Polley	<a href="mailto:admin@cdphoenixsussex.co.uk">admin@cdphoenixsussex.co.uk</a>
Resolutions Officer	Zoe Wilkinson	<a href="mailto:resolutions@cdphoenixsussex.co.uk">resolutions@cdphoenixsussex.co.uk</a>
Kit	Helen Polley	<a href="mailto:kit@cdphoenixsussex.co.uk">kit@cdphoenixsussex.co.uk</a>



## **FEES**

It is the responsibility of the parents (in the case of juniors) and senior players to ensure all registration fees are paid.

Fees cover the cost of submitting teams into Leagues, tournaments, All England Netball Membership, training facility hire, equipment and club awards. These costs must be covered to ensure the financial viability of the club.

The Treasurer will issue invoices for the amount due for each member of the club.

Payments are made through England Netball ENGage system, which will be linked to your Membership Number.

Each member (and parent for U18's) must create an account on the England Netball ENGage system. Go to

<https://engage.englishnetball.co.uk/EnglandNetball>,

and as the account needs to be linked to CD Phoenix use Find a Club then select Create Account. Follow the instructions and then inform your team manager & the Treasurer when complete.

The fees can be paid in full or by Direct Debit of 6 monthly installments.

Please email the club Treasurer, [treasurer@cdphoenixsussex.co.uk](mailto:treasurer@cdphoenixsussex.co.uk) if you require any assistance.



# **AVAILABILITY**

The Club's expectation is that you as a player have committed to play the whole season for the Club.

We understand that sickness, injury and some absences are unavoidable during the season.

It is your responsibility to keep your Coach/Team Manager informed about your availability. This applies to training and matches.

Where a known absence will occur, please advise your Coach/Team Manager as early as possible in the season.

Where sickness strikes please advise your Coach/Team Manager as soon as possible, as coaching plans may need to change due to your absence.

Where an injury has occurred please keep your Coach/Team Manager up to date with how long you may be out of the game and how your recovery is progressing.

Your Coach/Team Manager may ask for a clearance from a medical practitioner before you can recommence training/playing.



# TRAINING

The main training sessions are on Thursdays. Most teams train every Thursday evening outside throughout the summer months and indoors throughout the winter.

From the beginning of October to the end of March, training sessions are based indoors at East Grinstead Sports Club, Imberhorne School, Lingfield Notre Dame School and Sackville School.

During the summer months and the early part of autumn, training takes place outside at the Netball Centre based at East Grinstead Sports Club, Saint Hill Road, East Grinstead.

## **Training session times vary according to player age:**

**U10's** - normally starting at 18:00 moving to 17:00 in the winter months when we go inside.

**U11 - Under 15** usually commencing at 18:00.

**Older age groups** - typically start training at 19:30.

**Junior Players:** The club has a duty of care for the safety of our members. It is required that no player leaves the venue without adult supervision.

Parents, please ensure your child is picked up on time. Players will be required to stay with their Coach/Team Manager until you arrive.



## KIT

### Uniform Requirements:

#### Match days:

U9	Viper 10 Black Match Top Viper 10 Black Match Skort
U10 –Senior	Viper 10 Black Match Dress

#### Training:

All age groups CDP Black Training Top.

For an up to date kit and price list please visit our

website: [cdphoenixsussex.co.uk](http://cdphoenixsussex.co.uk)

If you wish to purchase any kit please email [kit@cdphoenixsussex.co.uk](mailto:kit@cdphoenixsussex.co.uk)

If an item is out of stock ordering can take up to 12 weeks for delivery.



# Fundraising & Sponsorship

## Fundraising

During the season the Club may run fundraising activities. Monies received from these activities will allow the Club to subsidise coaching development courses, umpire development training. The Club asks that you support our fundraising activities to the best of your ability.

## Sponsorship

Sponsorship is another great way for the Club to receive funds to support our development. The Club is always looking for new sponsors.

If you would like more information about how to sponsor the club, please contact:  
[chair@cdphoenixsussex.co.uk](mailto:chair@cdphoenixsussex.co.uk)

Your support in both fundraising and sponsorship would be very much appreciated.



# VOLUNTEERING

## &

# CODE OF CONDUCT

## Volunteering

The Club could always use more coaches, umpires, officials, committee members and general help. If you or anyone you know is interested in getting more involved in netball, please contact; The Chair, [chair@cdphoenixsussex.co.uk](mailto:chair@cdphoenixsussex.co.uk) or The Secretary, [secretary@cdphoenixsussex.co.uk](mailto:secretary@cdphoenixsussex.co.uk) they would be happy to hear from any potential volunteers.

We are always on the lookout for new players, we would appreciate everyone spreading the word about our great Club and inviting friends and family to join us.

## Code of Conduct

The Club expects that its members will abide by the Code of Conduct; for an up to date copy of these codes along with all of our clubs documents, please visit our website

[cdphoenixsussex.co.uk/documents/](http://cdphoenixsussex.co.uk/documents/)